Menus Végétariens
Menu semaine n°45 du Lundi 02 novembre 2026 au Vendredi 06 novembre 2026

Repas midi

Lundi 02/11	Mardi 03/11	Mercredi 04/11	Jeudi 05/11	Vendredi 06/11
Beetroot Salad **Spiced Vegetable and Chickpea Couscous** **Semolina with Raisins** **Blueberry Yogurt**	**GRTA Green Salad with Gruyère Cheese and Croutons** **Cheese Raviolini** **Neapolitan Sauce** **Granted Grana Padano Cheese** **Three-Chocolate Crunchy Dessert**	**GRTA Coleslaw Salad** **Quorn Strips** **Curry Sauce** **GRTA Steamed Potatoes** **Julienne of Vegetables with Soy Sauce** **Apple Compote**	**Endive Salad with Blue Cheese and** **Omelette** **Cheese Pasta Gratin** **Broccoli** **Prune Far Breton**	**Corn and Avocado Salad** **Pea and Wheat Sauté** **Rosemary Gravy** **Quinoa Pilaf with Vegetables** **Fromage blanc** **Red Berry Coulis**
GRTA Dark Wholegrain Bread	**GRTA Semi-White Bread**	**GRTA Twisted Bread**	**GRTA Organic Bread Loaf**	**GRTA Country Bread**

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Menus Végétariens
Menu semaine n°46 du Lundi 09 novembre 2026 au Vendredi 13 novembre 2026

Repas midi

Lundi 09/11	Mardi 10/11	Mercredi 11/11	Jeudi 12/11	Vendredi 13/11
Vegetable Soup **Herb Omelette** **Oven-Roasted Baby Potatoes** **GRTA Pumpkin Gratin** **Strawberry Yogurt**	**GRTA Green Salad with Sunflower Seeds** **Farfalle Pasta** **Tomato Sauce with Vegetables** **Grated Cheese** **Marble Cake**	**Piemontese Salad** **Lentil Dahl with Coconut Milk and Vegetables** **Basmati Rice** **Banana**	**Endive and Apple Salad** **Beetroot Falafel** **Herbed Fromage Blanc Sauce** **Pommes Dauphine** **GRTA Vichy Carrots** **Fruit Salad**	**GRTA Grated Carrots** **Vegetable Spring Rolls** **Sweet and Sour Sauce** **Cantonese Rice** **Tiramisu**
GRTA Country Bread	**GRTA Organic Bread Loaf**	**GRTA Twisted Bread**	**GRTA Dark Wholegrain Bread**	**GRTA Semi-White Bread**

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Menus Végétariens
Menu semaine n°47 du Lundi 16 novembre 2026 au Vendredi 20 novembre 2026

Repas midi

Lundi 16/11	Mardi 17/11	Mercredi 18/11	Jeudi 19/11	Vendredi 20/11
Vegetable Salad (Macédoine) **Spaghetti** **Neapolitan Sauce with Vegetables** **Grated Cheese** **Clementine**	**Cooked Fennel Salad with Orange** **Endive Gratin with Raclette Cheese** **GRTA Steamed Potatoes** **Chocolate Mousse**	**Leeks with Mimosa Vinaigrette** **Pea and Wheat Sauté** **Creamy Gravy** **Pilaf Rice** **Parsley Mushrooms** **Apple and Quince Compote**	**Celeriac Remoulade with Apples and Mustard Seeds** **Vegetarian Grilled Steak** **Pepper Sauce** **GRTA Mashed Potatoes** **Flat Green Beans** **Tropézienne Brioche**	**Endive Salad with Gruyère Cheese and Croutons** **Ratatouille Raviolini** **Tomato Coulis** **Grated Cheese** **Apricot Yogurt**
GRTA Organic Bread Loaf	**GRTA Country Bread**	**GRTA Twisted Bread**	**GRTA Semi-White Bread**	**GRTA Dark Wholegrain Bread**

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Menus Végétariens
Menu semaine n°48 du Lundi 23 novembre 2026 au Vendredi 27 novembre 2026

Repas midi

Lundi 23/11	Mardi 24/11	Mercredi 25/11	Jeudi 26/11	Vendredi 27/11
Mixed Salad and Raw Vegetables **Chickpea and Pepper Stew in Tomato Sauce** **Rösti** **Cheesecake**	**GRTA Grated Carrots** **Vegetable Samosa** **Sweet Chilli Sauce** **Cantonese Rice** **Fruit Salad**	**GRTA Red Cabbage Salad with Grapes** **Spinach and Ricotta Cannelloni Gratin with Mozzarella** **GRTA Green Salad** **Clementine**	**GRTA Green Salad with Gruyère Cheese and Croutons** **Pea and Wheat Sauté** **Creamy GRTA Pumpkin Sauce** **Quinoa Pilaf with Vegetables** **Pear Bourdaloue Tart**	**Hard-Boiled Egg with Mayonnaise and Mixed Salad** **Penne Pasta** **Neapolitan Sauce with Vegetables** **Grated Cheese** **Blueberry Yogurt**
GRTA Country Bread	**GRTA Semi-White Bread**	**GRTA Twisted Bread**	**GRTA Organic Bread Loaf**	**GRTA Dark Wholegrain Bread**

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